

OWASIPPE SCOUT CAMPS

Chicago Council, Boy Scouts of America
Owasippe, Michigan

MENUS - 3rd PERIOD

Breakfast	Dinner	Supper
Monday - 7/26 2nd Period	2nd Period	Roast Beef Mashed Potatoes Green Beans Green Salad Bread & Butter Milk Applesauce
Tuesday - 7/27 Stewed Prunes Oatmeal Eggs & Bacon Cocoa, Milk Bread & Jam	Meat Loaf Mashed Potatoes Harvard Beets Bread & Jam Peaches Punch	Chop Suey & Rice Fresh Vegetable Salad Bread & Jam Blueberry Cobbler Milk
Wednesday - 7/28 Fruit Juice Dry Cereal Bacon & Eggs Bread & Jam Cocoa, Milk	Potato Salad Frankfurters & Buns Pickles & Mustard Watermelon Punch	Spaghetti & Meat Balls Lettuce & Tomato Salad Bread & Jam Cake Milk
Thursday - 7/29 Dry Peaches Farina Cocoa, Milk French Toast	Baked Beans & Pork Cole Slaw Cherry Cobbler Bread & Jam Punch	Pork Chops Browned Potatoes Green Peas Bread & Jam Cake Milk
Friday - 7/30 Fruit Juice Dry Cereal Pancakes & Syrup Cocoa, Milk	Baked Macaroni & Cheese Green Beans & Carrots Fresh Vegetable Salad Bread & Jam Chocolate Fudding Punch	Fresh Fish Tomato Soup Mashed Potatoes Green Beans Bread & Jam Blueberry Cobbler Milk

Saturday - 7/31	Stewed Prunes Oatmeal Scrambled Eggs Bread & Jam Cocoa & Milk	Roast Veal Boiled Potatoes Buttered Beets Bread & Jam Butterscotch Pudding Milk	Pot Roast Browned Potatoes String Beans Bread, Butter, Jam Fruit Gelatin Milk
Sunday - 8/1	Fresh Fruit Dry Cereal Sweet Rolls & Butter Cocoa & Milk	Baked Ham Boiled Potatoes Boiled Cabbage Carrot Sticks Bread, Butter, Jam Ice Cream & Cookies Punch	Cold Cuts & Cheese Potato Salad Pickles Bread & Jam Canned Fruit Milk
Monday - 8/2	Fruit Juice Dry Cereal French Toast Cocoa & Milk	Spaghetti & Meat Sauce Lettuce & Tomato Salad Bread & Jam Apple Cobbler Punch	Pork Chops Green Beans Mashed Potatoes Cole Slaw Bread & Butter Frosted Cake Milk
Tuesday - 8/3	Stewed Figs Oatmeal Sweet Rolls Cocoa & Milk	Roast Veal Potatoes Creamed Peas Bread, Butter, Jam Watermelon Milk	Frankfurters Sauerkraut Boiled Potatoes Frosted Gingerbread Bread & Jam Punch
Wednesday - 8/4	Apricots Dry Cereal Pancakes & Syrup Cocoa & Milk	Meat Loaf Browned Potatoes Green Vegetable Bread & Jam Jello Punch	Chop Suey & Rice Green Salad Bread, Butter, Jam Blueberry Cobbler Milk

Thursday - 8/5 Fresh Fruit Dry Cereal French Toast Cocoa & Milk	Beef Stew Boiled Potatoes Wax Beans Bread & Jam Cake Punch	Roast Pork & Applesauce Mashed Potatoes Carrots Bread, Butter & Jam Cookies Milk
Friday - 8/6 Fruit Juice Cooked Wheat Cereal Scrambled Eggs Jelly & Bread Cocoa & Milk	Macaroni & Cheese Raw Vegetable Salad Bread & Jam Apple Cobbler Punch	Fresh Fish Boiled Potatoes Cole Slaw Bread & Jam Sliced Apples Milk
Saturday - 8/7 Stewed Prunes Scrambled Eggs & Bacon Bread & Jam Cocoa & Milk Dry Cereal	Bar-B-Q Beef on Bun Escalloped Potatoes Green Pepper Cabbage Slaw Appricots Bread & Jam Punch	Roast Beef Browned Potatoes String Beans Bread & Butter Canned Fruit Milk
Sunday - 8/8 Fruit Juice Dry Cereal Sweet Rolls Cocoa & Milk	Swiss Steak Whipped Potatoes Carrots & Peas Lettuce & Tomato Salad Bread, Butter & Jam Ice Cream & Cookies Milk	Cold Cuts & Cheese Potato Salad Pickles, Relish, Mustard Bread & Jam Cake Punch
Monday - 8/9 Stewed Peaches Cereal Bacon & Eggs Bread & Jam Cocoa & Milk	Meat Loaf & Gravy Mashed Potatoes Catsup Carrots & Celery Bread & Butter Peaches Punch	4th Period

R. W. THOMPSON
Supply Officer
Owasippe Scout Camps

OWASIPPE SCOUT CAMPS

Chicago Council Boy Scouts of America
Owasippe, Michigan

MENUS

<u>Breakfast</u>	<u>Dinner</u>	<u>Supper</u>
Monday - 6/28/48 Precamp	Precamp	Roast Pork Mashed Potatoes String Beans Tomato Salad Bread, butter, jam Applesauce Milk
Tuesday - 6/29/48 Stewed Prunes Oatmeal Eggs & Bacon Bread & Jam Cocoa, milk	Meat Loaf Mashed Potatoes Harvard Beets Bread, butter, jam Peaches Punch	Chop Suey & Rice Fresh Vegetable Salad Bread, butter, jam Cherry Cobbler Milk
Wednesday - 6/30/48 Fruit Juice Dry Cereal Sausage & Eggs Bread & Jam Cocoa & Milk	Potato Salad Frankfurters & Buns Pickles and Mustard Watermelon Punch	Roast Veal & Dressing Browned Potatoes Green Peas Bread, Jam Spice Cake Milk
Thursday - 7/1/48 Apricots Farina Donuts & Butter Cocoa & Milk	Baked Beans & Pork Cole Slaw Bread, Jam Chocolate Pudding Punch	Spaghetti & Meat Balls Lettuce and Tomato Salad Bread, Jam Yellow Cake Milk
Friday - 7/2/48 Fruit Juice Dry Cereal Pancakes & Syrup Cocoa & Milk	Baked Macaroni & Cheese Green Beans & Carrots Fresh Vegetable Salad Bread, butter, jam Fruit Jello Punch	Haddock Tomato Soup Mashed Potatoes Mixed Vegetables Bread, Jam Ice Cream and Cookies Milk

No 1

Saturday - 7/3/48

Stewed Prunes
Oatmeal
Scrambled Eggs
Bread & Jam
Cocoa & Milk

Lamb Stew
Boiled Potatoes
Buttered Beets
Bread & Jam
Butterscotch Pudding
Milk

Corned Beef Hash
Green Beans
Catsup
Cole Slaw
Bread, butter, jam
Cake with frosting
Milk

Sunday - 7/4/48

Fresh Fruit
Dry Cereal
Sweet Rolls & Butter
Cocoa & Milk

Baked Ham
Boiled Potatoes
Boiled Cabbage
Carrot Sticks
Bread, butter, jam
Ice Cream & Cookies
Punch

Cold Cuts & Cheese
Potato Salad
Pickles
Bread & Jam
Canned Fruit
Milk

Monday - 7/5/48

Fruit Juice
Cereal - Dry
Scrambled Eggs &
Sausage
Bread, Jam
Cocoa & Milk

Spaghetti & Meat Balls
Lettuce Salad
Bread, Jam
Cherry Cobbler or Apple
Punch

Pot Roast
Browned Potatoes
String Beans
Bread, butter, jam
Fruit Gelatin
Milk

Tuesday - 7/6/48

Stewed Figs
Cereal - Oatmeal
Donuts
Cocoa & Milk

Roast Veal
Sweet Potatoes
Creamed Peas
Bread, butter, jam
Watermelon
Milk

Frankfurters & Buns
Potato Salad
Pickles & Mustard
Frosted Gingerbread
Punch

Wednesday - 7/7/48

Apricots
Cereal - Dry
Sweet Rolls
Cocoa & Milk

Meat Loaf
Browned Potatoes
Green Vegetable
Bread, Jam
Fruit Gelatin
Punch

Chop Suey & Rice
Green Salad
Bread, butter, jam
Blueberry Cobbler
Milk

Thursday - 7/8/48

Fresh Fruit
Cereal - Dry
Donuts
Cocoa & Milk

Lamb Stew with veg.
Boiled Potatoes
Bread, Jam
Cake
Punch

Roast Pork & Applesauce
Mashed Potatoes
Carrots
Bread, Butter, Jam
Cookie
Milk

Friday - 7/9/48

Fruit Juice
Cereal-Wheat(Cooked)
Scrambled Eggs &
Jelly
Cocoa & Milk

Macaroni & Cheese
Raw Vegetable Salad
Bread & Butter
Apple Cobbler
Punch

Fresh Fish
Boiled Potatoes
Cole Slaw
Bread, Butter, Jam
Chocolate Pudding
Milk

Saturday - 7/10/48

Stewed Prunes
Scrambled Eggs &
Bacon
Bread, Jam
Cocoa & Milk
Dry Cereal

Bar-B-Q Beef on Bun
Escalloped Potatoes
Green Pepper Cabbage
Slaw
Applesauce
Punch

Roast Beef
Browned Potatoes
String Beans
Bread & Butter
Pears
Milk

Sunday - 7/11/48

Fruit Juice
Dry Cereal
Sweet Rolls
Cocoa & Milk

Swiss Steak
Whipped Potatoes
Carrots & Peas
Lettuce & Tomato Salad
Bread, Butter, Jam
Ice Cream & Cookies
Milk

Cold Cuts & Cheese
Potato Salad
Pickles, Relish, Mustard
Bread, Jam
Cake
Punch

Monday - 7/12/48

Stewed Peaches
Cereal
Sausage & Eggs
Bread, Jam
Cocoa & Milk

1st Period

Meat Loaf and Gravy
Mashed Potatoes
Catsup
Carrots & Celery
Bread, Jam
Peaches
Punch

MENUS

40 cups

<u>Breakfast</u>	<u>Dinner</u>	<u>Supper</u>
Monday — 6/28/48 Precamp	Precamp	Roast Beef <i>Pork</i> Mashed Potatoes String Beans — <i>Tomato Salad</i> Bread, butter, jam Applesauce Milk
Tuesday 6/29/48 Stewed Prunes Oatmeal Eggs and Bacon Bread and Jam Cocoa, milk	Meat Loaf Mashed Potatoes Harvard Beets Bread, butter, jam Peaches Punch	Chop Suey and Rice Fresh Vegetable Salad Bread, butter, jam Cherry Cobbler Milk
Wednesday - 6/30/48 Fresh Fruit <i>Sauce</i> Dry Cereal Sausage and Eggs Bread and jam Cocoa and Milk	Baked Macaroni & Cheese Green Beans and Carrots Fresh Vegetable Sald Bread, butter, jam Fruit Jello Punch	Roast Veal <i>an</i> Dressing Browned Potatoes Green Peas Bread, Jam Spice Cake Milk
Thursday 7/1/48 Apricots Farina Donuts and Butter Cocoa and Milk	Baked Beans & Pork Cole Slaw Bread, Jam Chocolate Pudding Punch	Spaghetti and Meat Balls Lettuce and Tomato Salad Bread, Jam Yellow Cake Milk
Friday 7/2/48 Fresh Fruit <i>Sauce</i> Dry Cereal Pancakes & Syrup Cocoa and Milk	Potato Salad Frankfurters & Buns Pickles and Mustard Watermelon Punch	Roast Pork Loin <i>Haddock</i> Applesauce <i>Tomatoe Soup</i> Mashed Potatoes Mixed Vegetables Bread, Jam Ice Cream and Cookies Milk

the milk allowance at the other two meals 3 cups or more?

Saturday 7/3/48

Stewed Prunes
Oatmeal
Scrambled Eggs
Bread and Jam
Cocoa and Milk

Lamb Stew
Boiled Potatoes
Buttered Beets
Bread and Jam
Butterscotch Pudding
Milk

Corned Beef Hash
Green Beans
Catsup
Cole Slaw
Bread, butter, jam
Cake with frosting
Milk

Sunday 7/4/48

Fresh Fruit
Dry Cereal
Sweet Rolls and butter
Cocoa and Milk

Baked Ham
Boiled Potatoes
Boiled Cabbage
Carrot Sticks
Bread, butter, jam
Ice Cream and Cookies
Punch

Cold Cuts and Cheese
Potato Salad
Pickles
Bread and Jam
Canned Fruit
Milk

~~Tuesday~~ MONDAY 7/5/48

~~Fresh Fruit~~ Juice
~~Cereal - Dry~~
Scrambled Eggs & Sausage
Bread, Jam
Cocoa and milk

Spaghetti and Meat Balls
Lettuce Salad
Bread, Jam
Cherry Cobbler or Apple
Punch

Pot Roast
Browned Potatoes
String Beans
Bread, butter, Jam
Fruit Gelatin
Milk

~~Wednesday~~ TUES. 7/6/48

Stewed ~~Fruit~~ - Figs
Cereal - oatmeal
Donuts
Cocoa and Milk

Roast Veal
Sweet Potatoes
Creamed Peas
Bread, butter, jam
Watermelon
Milk

Frankfurters & Buns
Potato Salad
Pickles and Mustard
Frosted Gingerbread
Punch

~~Thursday~~ WED. 7/7/48

Apricots
Cereal, dry
Sweet Rolls
Cocoa and Milk

Meat Loaf
Browned Potato
Green Vegetable
Bread, Jam
Fruit Gelatin
Punch

Chop Suey and Rice
Green Salad
Bread, butter, jam
Blueberry Cobbler
Milk

Friday

7/9/48

~~Fresh Fruit Juice~~
Cereal, wheat (cooked)
Scrambled Eggs & Jelly
Cocoa and Milk

Macaroni and Cheese
Raw Vegetable Salad
Bread and Butter
Apple Cobbler
Punch

Fresh Fish
Boiled Potato
Cole Slaw
Bread, Butter, Jam
Chocolate Pudding
Milk

~~Saturday~~

Thursday

7/8/48

~~Fruit Juice~~ Fresh Fruit
Cereal, dry
Donuts
Cocoa and Milk

Lamb Stew with veg.
Boiled Potato
Bread, Jam
Cake
Punch

Roast Pork & Applesauce
Mashed Potatoes
Carrots
Bread, Butter, Jam
Cookie
Milk

Sunday

7/11/48

~~Fresh Fruit Juice~~
Cereal, dry
Sweet Rolls
Cocoa and Milk

Swiss Steak
Whipped Potatoes
Carrots and Peas
Lettuce and Tomato Salad
Bread, Butter, Jam
Ice Cream and Cookies
Milk

Cold Cuts and Cheese
Potato Salad
Pickles, Relish, Mustard
Bread, Jam
Cake
Punch

~~Monday~~

Saturday

7/10/48

~~Prune Plum~~
Scrambled Eggs & Bacon
Bread, Jam
Cocoa and Milk

dry cereal

Bar-B-Q Beef on Bun
Escalloped Potatoes
Green Pepper Cabbage Slaw
Applesauce
Punch

Roast Beef
Browned Potatoes
String Beans
Bread and Butter
~~Apricots in Syrup~~ Pears
Milk

~~Tuesday~~

Monday

7/12/48

~~Stewed Prunes~~
Stewed Prunes
Cereal
Sausage and Eggs
Bread, Jam
Cocoa and Milk

1st period

Meat Loaf and Gravy
Mashed Potatoes
Catsup
Carrots and Celery
Bread, Jam
Peaches
Punch

Chop Suey and Rice
Fresh Green Veg. Salad
Bread and Butter
Cherry Cobbler
Milk

Wednesday

Fresh Fruit
Cereal
Donuts
Cocoa and Milk

Spaghetti & Meat Balls
Raw Spinach Salad
Bread and Butter
Cake
Milk

Frankfurters and Buns
Potato Salad
Pickles and Mustard
Watermelon
Punch

Thursday

Apricots
Cereal
Sweet Rolls
Cocoa and Milk

Baked Macaroni & Cheese
Lettuce & Tomato Salad
Bread and Jam
Fruit Cobbler
Punch

Roast Veal
Dressing
Peas
Bread and Butter
Gelatin
Milk

Friday

Fresh Fruit
Cereal
Pancakes and Syrup
Cocoa and Milk

Baked Beans with Pork
Catsup
Cole Slaw
Bread and Jam
Apple Crisp
Punch

Baked Pork Chop
Escalloped Potatoes
Kidney Bean Salad
Bread and Butter
Canned Fruit
Milk

Saturday

Stewed Fruit
Cereal
Donuts
Cocoa and Milk

Lamb Stew with Veg.
Parsleyed Potatoes
Lettuce & Tomato Salad
Bread and Jam
Cake
Punch

Corned Beef & Cabbage
Boiled Potato
Bread and Butter
Peaches
Milk

Sunday

Fresh Fruit
Cereal
Sweet Rolls
Cocoa and Milk

Baked Ham with Raisin
sauce
Browned Potatoes
Bread, Butter, Jam
Cole Slaw
Ice Cream
Milk

Cold Cuts and Cheese
Potato Salad
Pickles and Mustard
Bread and Jam
Gingerbread
Punch

Monday

Prune Plums
Cereal
Eggs and Bacon
Bread and Jam
Cocoa and Milk

Baked Spanish Lima Beans
with pork
Green Salad
Bread and Jam
Cake
Punch

Liver with Onions
Whipped Potatoes
Green Salad
Bread and Butter
Chocolate Pudding
Milk

Tuesday

Stewed Fruit
Cereal
Donuts
Cocoa and Milk

Spaghetti & Meat Balls
Lettuce & Tomato Salad
Bread and Jam
Gingerbread & Applesauce
Punch

Pot Roast
Browned Potatoes
Beet Salad
Bread and Butter
Pudding
Milk

Wednesday

Tomato Juice
Cereal
Scrambled Eggs & Bacon
Bread and Jam
Cocoa and Milk

Frankfurter & Sauerkraut
Boiled Potato
Bread and Jam
Cake
Punch

Roast Veal
Browned Potato
Carrots and Green Beans
Bread and Butter
Fruit Jello
Milk

Thursday

Fresh Fruit
Cereal
Sweet Rolls
Cocoa and Milk

Meat Loaf & Veg. Gravy
Noodles
Green Salad
Bread and Jam
Pudding
Punch

Roast Pork & Applesauce
Whipped Potatoes
Head Lettuce Salad
Bread and Butter
Plums
Milk

Friday

Fresh Fruit
Cereal
Pancakes and Syrup
Cocoa and Milk

Baked Macaroni & Cheese
Green Salad
Bread and Jam
Apple Cobbler
Punch

Fresh Fish
Boiled Potatoes
Stewed Tomatoes
Bread and Butter
Pudding
Milk

Saturday

Stewed Fruit
Cereal
Donuts
Cocoa and Milk

Lamb Stew with Veg.
Boiled Potato
Bread and Jam
Cake
Punch

Bar-B-Q Hamburger on Bun
Potato Chips
Raw Green Salad
Blueberry Cobbler
Milk

Sunday

Fresh Fruit
Cereal
Sweet Rolls
Cocoa and Milk

Swiss Steak
Mashed Potatoes
String Beans
Bread and Butter
Ice Cream
Milk

Cold Cuts and Cheese
Potato Salad
Pickles, Relish, Mustard
Bread and Jam
Cake
Punch

Monday

Prune Plums
Scrambled Eggs & Bacon
Bread and Jam
Cocoa and Milk

Meat Loaf
Noodles
Stewed Tomatoes
Bread and Butter
Brownies
Punch

Camp West only

Baked Pork Chop
Escalloped Potatoes
Green Beans
Bread and Jam
Pudding
Milk

Tuesday

Fruit
Cereal
Scrambled Eggs & Bacon
Bread and Jam
Cocoa and Milk

Bar-B-Q Ribs
Buttered Noodles
Raw Vegetable Salad
Bread and Jam
Plums
Punch

Pot Roast of Beef
Vegetable Gravy
Whipped Potatoes
Beet Relish
Bread and Butter
Milk
Prune Whip

Wednesday

Canned Fruit
Cereal
Pancakes and Bacon
Syrup and Butter
Cocoa, Milk, & Coffee

Baked Ham
Sweet Potatoes
Cole Slaw
Bread and Butter
Pudding
Milk

Chop Suey and Fluffed Rice
Apple & Cabbage Salad
Bread and Butter
Ice Box Cake
Milk

Thursday

Fruit Juice
Cereal
Bacon & Eggs
Bread and Butter
Cocoa, Milk, & Coffee

Cold Cuts & Cheese
Potato Salad
Relish and Mustard
Bread and Butter
Cake
Milk

FOREST PRESERVES
CONSERVATION WORKSHOP

June 14 to June 19, 1948

Monday - June 14

Breakfast:

Dinner:

Roast Beef
Baked Potatoes & Carrots
Green Beans
Bread, Butter, Jam
Peach Cobbler
Coffee & Cocoa

Supper:

Soup
Baked Ham
Boiled Potatoes
Cabbage
Bread, Butter, Jam
Fruit Jello
Coffee & Milk

Tuesday - June 15

Breakfast:

Fruit Juice
Whole Wheat Cereal
Eggs & Bacon
Bread, Butter, Jam
Coffee & Cocoa

Dinner:

Baked Beans
Cold Slaw
Bread, Jam
Cherry Cobbler
Coffee

Supper:

Meat Loaf
Mashed Potatoes
Creamed Corn
Lettuce & Tomato Salad
Bread, Butter, Jam
Coffee & Milk
Chocolate Pudding

Wednesday - June 16

Breakfast:

Stewed Prunes
Dry Cereal
Rolls, Butter, Jam
Coffee & Cocoa

Dinner:

Spaghetti & Tomatoes
Creamed Peas
Vegetable Salad
Bread, Jam
Fruit
Coffee & Milk

Supper:

Swiss Steak
Mashed Potatoes
Stewed Tomatoes
Cabbage & Pineapple Salad
Bread, Butter, Jam
Cake
Coffee & Cocoa

Thursday - June 17Breakfast:

Stewed Apricots
Oatmeal
French Toast & Syrup
Coffee & Cocoa

Dinner:

Beef Stew
Brownied Potatoes
Green Beans
Rice Pudding
Bread & Jam
Coffee & Cocoa

Supper:

Sauer Kraut & Weiners
Baked Potatoes
Peas
Cornbread, Butter, Jam
Pudding
Coffee & Milk

Friday - June 18Breakfast:

Fruit Juice
Dry Cereal
Pancakes & Syrup
Butter
Coffee & Cocoa

Dinner:

Tomato Soup
Baked Macaroni & Cheese
Cold Slaw Salad
Cream Dessert
Coffee & Cocoa

Supper:

Fish
Escalloped Potatoes
Corn
Kidney Bean Salad
Bread, Butter, Jam
Cake
Coffee & Tea

Saturday - June 19Breakfast:

Apple Sauce
Whole Wheat Cereal
Eggs & Sausages
Bread, Butter, Jam
Coffee & Cocoa

Dinner:

Roast Beef
Mashed Potatoes & Gravy
Harvard Beets
Head Lettuce Salad
Bread, Butter, Jam
Blueberry Cobbler & Ice Cream
Coffee & Milk

Supper:

OWASIPPE SCOUT CAMPS

Chicago Council, Boy Scouts of America
Owasippe, Michigan

MENUS - 2nd PERIOD

Breakfast	Dinner	Supper
Monday - 7/12/48 1st Period	1st Period	Roast Pork Mashed Potatoes Green Beans Green Salad Bread, Butter, Jam Milk Applesauce
Tuesday - 7/13 Stewed Prunes Oatmeal Eggs & Bacon Cocoa, Milk Bread & Jam	Meat Loaf Mashed Potatoes Harvard Beets Bread, Jam Peaches Punch	Chop Suey & Rice Fresh Vegetable Salad Bread, Jam Blueberry Cobbler Milk
Wednesday - 7/14 Fruit Juice Dry Cereal Bacon & Eggs Bread & Jam Cocoa & Milk	Potato Salad Frankfurters & Buns Pickles and Mustard Watermelon Punch	Spaghetti & Meat Balls Lettuce and Tomato Salad Bread, Jam, Butter Yellow Cake Milk
Thursday - 7/15 Apricots Farina Donuts & Butter Cocoa & Milk French Toast	Baked Beans & Pork Cole Slaw Bread, Jam Cherry Cobbler Punch	Roast Veal & Dressing Browned Potatoes Green Peas Bread, Jam Spice Cake Milk
Friday - 7/16 Fruit Juice Dry Cereal Pancakes & Syrup Cocoa & Milk	Baked Macaroni & Cheese Green Beans & Carrots Fresh Vegetable Salad Bread, Jam Chocolate Pudding Punch	Haddock Tomato Soup Mashed Potatoes Green Beans Bread, Jam Blueberry Cobbler Milk

Thursday - 7/22 Fresh Fruit Cereal - Dry Donuts Cocoa & Milk French Toast	Lamb Stew with vegetables Boiled Potatoes Bread, Jam Cake Punch	Roast Pork & Applesauce Mashed Potatoes Carrots Bread, Butter, Jam Cookies Milk
Friday - 7/23 Fruit Juice Cereal - Wheat (Cooked) Scrambled Eggs Jelly & Bread Cocoa & Milk	Macaroni & Cheese Raw Vegetable Salad Bread, Butter Apple Cobbler Punch	Fresh Fish Boiled Potatoes Cole Slaw Bread, Butter, Jam Chocolate Pudding Milk
Saturday - 7/24 Stewed Prunes Scrambled Eggs & Bacon Bread, Jam Cocoa & Milk Dry Cereal	Bar-B-Q Beef on Bun Escalloped Potatoes Green Pepper Cabbage Slaw Applesauce Punch	Roast Beef Browned Potatoes String Beans Bread, Butter Pears Milk
Sunday - 7/25 Fruit Juice Dry Cereal Sweet Rolls Cocoa & Milk	Swiss Steak Whipped Potatoes Carrots & Peas Lettuce & Tomato Salad Bread, Butter, Jam Ice Cream & Cookies Milk	Cold Cuts & Cheese Potato Salad Pickles, Relish, Mustard Bread, Jam Cake Punch
Monday - 7/26 Stewed Peaches Cereal Sausage & Eggs Bread, Jam Cocoa & Milk	Meat Loaf and Gravy Mashed Potatoes Catsup Carrots & Celery Bread, Jam Peaches Punch	3rd Period

Saturday - 7/17

Stewed Prunes
Oatmeal
Scrambled Eggs
Bread & Jam
Cocoa & Milk

Lamb Stew
Boiled Potatoes
Buttered Beets
Bread & Jam
Butterscotch Pudding
Milk

Corned Beef Hash
Green Beans
Catsup
Cole Slaw
Bread, Jam
Cake with frosting
Milk

Sunday - 7/18

Fresh Fruit
Dry Cereal
Sweet Rolls & Butter
Cocoa & Milk

Baked Ham
Boiled Potatoes
Boiled Cabbage
Carrot Sticks
Bread, Butter, Jam
Ice Cream & Cookies
Punch

Cold Cuts & Cheese
Potato Salad
Pickles
Bread, Jam
Canned Fruit
Milk

Monday - 7/19

Fruit Juice
Cereal (Dry)
French Toast
Bread, Jam
Cocoa & Milk

Spaghetti & Meat Balls
Lettuce Salad
Bread, Jam
Cherry Cobbler or Apple
Punch

Pot Roast
Browned Potatoes
String Beans
Bread, Butter, Jam
Fruit Gelatin
Milk

Tuesday - 7/20

Stewed Figs
Cereal - Oatmeal
Donuts
Cocoa & Milk

Roast Veal
Sweet Potatoes
Creamed Peas
Bread, Butter, Jam
Watermelon
Milk

Frankfurters & Buns
Potato Salad
Pickles & Mustard
Frosted Gingerbread
Punch

Wednesday - 7/21

Apricots
Cereal - Dry
Sweet Rolls
Cocoa & Milk

Meat Loaf
Browned Potatoes
Green Vegetable
Bread, Jam
Fruit Gelatin
Punch

Chop Suey & Rice
Green Salad
Bread, Butter, Jam
Blueberry Cobbler
Milk